

## **Health Solutions**

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#### **Ammonium Urea Detox**

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#### Overview

This program is designed to aid reduction of elevated NH4, ammonia, ureas present in urine.

The kidneys produce ureas to bind with acidic toxins. The liver normally breaks these down. When the liver is unable to perform, the kidneys will release these ureas. Elevated urea levels indicate tendency for toxin accumulation. Elevated ureas precede or accompany pathological neurological symptoms.

### **Indications**

Individuals present with elevated ureas in urine. Ammonia Ureas are either excess or are 5 or more basis points higher than NO3 ureas.

#### Common Cause

The indications often occur when cellular parasites are present. These organisms enable accumulation of systemic toxins, which often affect liver performance, or adversely influence neurological function.

Here is video of typical organism which accompanies urea and neurotoxin accumulation.

The Camtasia Studio video content presented here requires JavaScript to be enabled and the latest version of the Adobe Flash Player. If you are you using a browser with JavaScript disabled please enable it now. Otherwise, please update your version of the free Adobe Flash Player by downloading here.

#### **Protocol**

The protocol supplies additional NH4 to assure adequate supply, reducing the kidney workload. Since NH4 is an alkali material it binds with excess organic acids so they can be eliminated, normally by the liver, and abnormally by the kidneys. Additional ammonia aids binding, so it is included.

Thiosulfate, as Ammonium Thiosulfate, and Magnesium Thiosulfate, provide additional supply to further aid detoxification.

When the body lacks the appropriate minerals, cells will substitute heavier elements, including toxic metals, to replace lighter missing minerals. Substitutions are indicated the outer electron shells, because <u>elements in columns of the periodic table have similar chemical properties</u>. In this case, Uranium, is often substituted for Chromium.

The recommended incoming minerals should be chelated, or colloidal to avoid binding with the detoxification agent.

Breakfast	Lunch	Dinner	Form	Purpose
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Magnesium Thiosulfate	See Table	See Table		Supply Magnesium and sulfur
Alpha Ketoglutarate	1-2	1-2	1-2	Aids liver detoxifying ammonia bound toxins. Use 1 if weight < 81 pounds, 2 capsules if over.
Lipoic+	600 mg	600 mg		Helps detoxify water and fat bound toxins. Aids liver performance.

# Magnesium Thiosulfate Schedule

Magnesium thiosulfate is important for detoxification. Use an increasing amount, by adding 1 dropper daily at breakfast and lunch. increased amounts. Use the weight table below to determine the starting amount and daily amount.

NOTE: You will stop when you reach saturation. Saturation occurs when you have a loose stool that smells like sulfur.

Remember the dose you took that day and divide it in half. This is your maintenance level. The maintenance level is the approximate amount required to prevent future deficiency. Use the maintenance daily to avoid future urea accumulation.

	Weight in pounds							
Droppers (ml)	20- 50	51- 80	81- 110	110- 130	130- 160	160- 200	200+	
Day 1	1	2	3	4	5	6	7	
Day 2	2	3	4	5	6	7	8	
Day 3	3	4	5	6	7	8	9	
Day 4	4	5	6	7	8	9	10	
Day 5	5	6	7	8	9	10	11	
Day 6	6	7	8	9	10	11	12	
Day 7	6	8	9	10	11	12	13	
Day 8	6	8	10	11	12	13	14	
Day 9	6	8	10	12	12	13	14	

### Kit

The Ammonium Urea Detoxification Kit is available to members only on our sponsor web site.

# **Adjuncts**

Energetic supports often are very helpful in accelerating recovery and detox. These links provide more information on these tools:

- <u>PEMF</u> improves cellular resistance to pathogens and lifts immunological function, supports cellular mineral absorption;;
- Beta Hormesis reduces inflammatory markers and opposes pathogens.

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