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## Liver Cell Detox

### Overview

This program is designed to support liver cellular detoxification and immunological hepatic response, which improves the whole body detoxification and immune capability. The program uses substances which present no toxicity, and which infrequently trigger a systemic detox crisis, or [Herxheimer's reaction](#).

Conditions which resist immunological intervention often have a cellular liver dysfunction as a cofactor. The immune response becomes limited by the livers ability to discard toxins, because the liver cells appear to be underperforming because due to overload, toxin damage, or infection.

The once daily protocol combines a series of supplements

### Protocol

The protocol is fairly simple and amounts to taking a collection of liver supporting supplements at the same time.

The table suggests spreading the amounts over the day. For convenience midday doses can be taken with breakfast and dinner. Alkyglycerols should be taken on an empty stomach, at waking and bedtime or at least 30 minutes before a meal.

This is a very powerful protocol. It is unlikely to trigger a detoxification crisis because it balanced detoxification program.

Beware however, that you must make sure you have enough stomach acid. If you lack stomach acid, the liver will NOT RELEASE BILE, to protect the gut from alkali. So, if you lack stomach acid, one of two things will happen:

- You will get diarrhea - when the liver releases, as alkali bile is rapidly eliminated;

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- Toxins will remain in your body, and the detox will not work.

This will generally prevent detoxification. See the [Betaine-HCL Protocol](#). If you have any doubt about stomach acid availability, use this protocol.

It is possible, though seldom necessary, to double this program in severe cases. If you decide to double the program, be sure to do the first week using the recommended levels.

	Breakfast	Lunch	Dinner	Form	Purpose
<a href="#">Liposomal Phospholipids</a>	2 Tbs				Stimulates bile release & toxin binding, provides raw building materials for cell membranes. Can be taken at any time.
<a href="#">Alphaketoglutarate</a>	2	2	2		Detoxifies urea nitrates, and aids in liver detoxification.
<a href="#">Lipoic+</a>	2 Capsules	2 Capsules			Detoxifies lipid and water structure in body and liver. Aids in glucose metabolism re-regulation. Take early because Lipoic acid aids energy and may interfere with sleep if taken late in day.
<a href="#">Selenium 215</a>	1-5 cc				Lipolized selenium provides extreme antioxidant support to support liver detoxification and recovery.
<a href="#">Mushroom Heteropolysaccharides</a>	1	1	1	Capsules	Improves immune system performance, and broadly helps to oppose Cell Wall Deficient pathogenic forms, bacteria and fungus.
<a href="#">Alkoxyglycerols</a>	1 cc			Liquid	Shark liver oil wraps heavy metal toxins and enables safe and large scale elimination without exposing kidney or liver cells to toxic release. It protects the liver from any toxins which may be mobilized during healing.

## Kit

The [Liver Cell Detox Kit](#) is available to [members only](#) on our sponsor website.

## Adjuncts

This program is complementary to:

- [Acute Care Detox](#);
- [Urea Detox](#);

Energetic supports often are very helpful in accelerating recovery and detox. These links provide more information on these tools:

- [PEMF](#) - improves cellular resistance to pathogens and lifts immunological function;
- [Beta Hormesis](#) - reduces inflammatory markers and opposes pathogens.

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