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Liver Flow Detox

Overview

Liver flow compromise is indicated by disturbances in Ureas. They typically present as elevated NH₄, or when NH₄ of saliva is greater than Urine - 2.

The protocol utilizes three agents:

- Beet Flow - 3 every 1/2 hour for four hours
- Choline to trigger bile release.

Protocol

Before you start, sit quietly. Set a timer to 5 minutes and count your breaths. If you are breathing less than 12 breaths per minute, do not use choline.

This protocol uses Beet Top Product to liquefy bile. Decreasing bile viscosity is followed by increasing the dose of Choline to trigger bile release. The choline can cause significant discomfort as the gall bladder spasms. The titration schedule uses a single choline, and adds a steadily increasing amount at 30 minute intervals.

- If you experience mild discomfort in the right side, use the same amount of choline for the next dose. Do not increase.
- If you experience strong discomfort in the right side, then stop taking choline.

<i>Time</i>	<i>Beet Flow</i>	Test	<i>Choline</i>
0	4	0	
30 min	4	0	
First Hour	4	0	
1.5 hour	4	0	
2 hour	4	Only Increase Choline if No discomfort. Do not use choline if less than 12 breaths/minute	1
2.5 hour	4		2
3 hour	4		3
3.5 hour	4		4